

WEEK 3 MENU

MENU	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
 	<p>-Variety of Breakfast Cereals -Seasonal Fruit -MILK</p> 	<p>Toast/Waffles -Fruit Spread -Butter -Cream Cheese -MILK</p> 	<p>-Raisin Bran -Seasonal Fruit -MILK</p> 	<p>-Variety of Breakfast Cereals - Seasonal Fruit -MILK</p> 	<p>Homemade warm oatmeal with cinnamon & brown sugar -Seasonal Fruit -Toasted Oats -MILK</p> 
  <p>Served with MILK</p> <p>Vegetarian Lunch Option</p>	<p>Chicken Noodle Soup</p>  <p>-Buttered sandwiches -Soup Crackers -MILK -Unsweetened Apple Sauce/Seasonal Fruit</p>  <p>Vegetable Noodle Soup</p>	<p>Homemade chicken pasta with creamed corn and cheese</p>  <p>-Buttered sandwiches -MILK -Marvelous Mandarins/ Seasonal Fruit</p>  <p>Creamed corn and mushroom pasta</p>	<p>Homemade Turkey Rice casserole</p>  <p>With peas, carrots and tomatoes -Buttered sandwiches -MILK -Marvelous Mandarins/ Seasonal Fruit</p>  <p>Tomato Rice and vegetables Casserole</p>	<p>Lunch Scramble Eggs, cheese, -Buttered sandwiches -Seasonal Fruit -MILK</p>    <p>Hash browns and cheese sandwich</p>	<p>Fun Friday Build your Sub Deli meat (Chicken)</p>  <p>Variety of toppings: Lettuce/Spinach -Cucumber -Tomato Sauce -Mayonnaise -Mustard, Relish -Cheese -Ice Cream & Seasonal Fruit</p>  <p>-MILK Sub with fresh Veggies and cheese and choice of all condiments</p>
 <p>Served with Water</p>	<p>Oatmeal Snaps Or/And Coconut Snaps</p> 	<p>Fruit Yogurt</p> 	<p>Nut free Trail Mix / cheesy fish crackers</p> 	<p>Veggie Safari With ranch Dip Or Animal /Milk Biscuits</p> 	<p>Whole Grain Tortilla Chips with salsa</p> 